

# PROTECT YOURSELF PROTECT YOUR FAMILY PROTECT YOUR COMMUNITY

from the deadly **Ebola** virus



 Wash your hands with soap and clean water

 Do not touch people you think have Ebola

 Cook your food good

 Do not touch clothes & bed cloths of people you think have Ebola

 Go to health clinic if you have head ache, fever, vomit, pain, diarrhea, red eyes and rash

 Do not touch vomit, saliva, urine, blood and poo poo from people you think have Ebola

 Tell everyone you meet about Ebola so they are informed

 Do not play with monkeys and baboons

 Call for help or questions  
0886 520 581  
0886549805 or 0886530260

 Do not eat or touch bush meat

 Do not eat plums eaten by bats

Let's stop the spread of Ebola together

